

LEARN IT.

LOVE IT.

LIVE IT.



Soccer and Smiles 4 Miles at Candlewood!



First Strike Soccer: Learn to play the world's sport! Players are introduced to ball control techniques for dribbling, passing and shooting. Each class will include competitions in footwork agility, relays, world cup and scrimmages!

Smiles 4 Miles: Students will learn proper running technique and work towards achieving distance goals while having fun through confidence-building drills and games. Activities include rainbow tag, flag tag, cat and mouse, scarf race, and many more as we run 4 fun!

8-Week Program

Begins Mar 31 and Apr 1!

Time: 3:40-4:40pm

Days / Grades:

Soccer: Tuesdays K-3

Running: Wednesdays K-5

Register \$88

jstathletics.org/register (Registration ends Mar 25)